

Cool, Calm, & Kind

AGES 6-12

**CAMP
FOR
KIDS!**



Brought to you by:
Serenity Counseling & Life
Coaching Services

— Beeville, TX —

A FUN & INTERACTIVE CAMP THAT WILL TEACH CHILDREN:

- ⇒ How to reframe stress as an opportunity for success
- ⇒ Stress management techniques
- ⇒ Healthy thinking patterns
- ⇒ How to transform our minds from a fixed to growth mindset
- ⇒ How to respond respectfully vs. react impulsively
- ⇒ The science behind why KIND is COOL!

For more info:

www.serenitycs.org
info@serenitycs.org
361-350-8088

July 20th - July 23rd

Mon. - Thurs. — 10am - 12pm

1004 N. Washington St. — Beeville, TX

\$175/camper

EXTRA SAFETY PRECAUTIONS PERTAINING TO COVID-19 WILL BE TAKEN

****Each child will receive their own "social-emotional SMART mask" with registration****